



Julia Kaergel  
**My Wishes, Dreams and Plans**  
A Scrapbook and Keepsake  
128 Pages

ISBN 978-3-423-71863-9

### A companion for the future and a very private memento

Which places around the world do you want to see the most? What amazing and crazy things do you want to do? You can write everything down in here - what you hope to achieve in your life and what you want your future to look like. Write a letter to be opened by you in twenty years' time. Draw your dream self. Make wish lists and forge plans. The book also includes numerous tips and suggestions on how you can get to know yourself better.

### Julia Kaergel

Julia Kaergel majored in illustration and communication design. As a world traveler, she has given workshops for other artists in numerous countries, including India, Sudan, Bangladesh, Lebanon, Indonesia and Singapore.

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